

Breakfast 2017

Mon	Tue	Wed	Thu	Fri
Mini Cinnis w/ Fruit Gogurt Or Variety of Whole Grain Cereal w/Graham Cracker Fruit Fruit Juice Milk	French Toast Sticks Or Variety of Whole Grain Cereal w/ English Muffin Fruit Fruit Juice Milk	Sausage & Egg Muffin or Variety of Whole Grain Cereal w/ Graham Cracker Fruit Fruit Juice Milk	Breakfast on A Stick Or Variety of Whole Grain Cereal w/English Muffin Fruit Fruit Juice Milk	Hot Cereal or Variety of Whole Grain Cereal Breakfast Bar Fruit Fruit Juice Milk



School Breakfast is Cool!

Everyday is a perfect day for school breakfast!

As summer approaches, kids are often restless and distracted at school. You can help to make sure that their last weeks of school are productive by ensuring that they begin the day with a nutritious breakfast. Studies show a good breakfast makes kids more alert, less distractible and better behaved in school; it even improves their test scores!

Let's keep our students focused by making sure they begin every school day with a balanced meal at home or at the School Breakfast Program.